



WODEN VALLEY SWIM CLUB INCORPORATED
ATHLETE AGREEMENT
Code of Conduct

The following Code of Conduct applies to all members participating in Woden Valley Swim Club (Woden) activities, including but not limited to, training sessions, meets, camps, clinics, fundraising and social activities. This Code applies for the duration of the activity including the period members are in transit to and from such activity.

- Represent Woden with excellence, respect, team spirit, good sportsmanship and politeness at all times. Swimmers are expected to remember that at training sessions, during swim meets, team activities and in public they are representing Woden.
- Work equally hard for yourself and your team. Make every training session, meet participation and activity, an opportunity to learn and succeed. Both you and your team will benefit if you concentrate on the tasks set. Focus on every drill and every set. Be committed to putting forth your best effort every day. An honest effort does not include cutting laps, pulling on lane lines or missing send offs/sets. Give your best at all times.
- Swimmers are expected to follow the directions of any member of the coaching staff, respect any instructions by officials and any person who is a chaperone. Disrespect or failure to obey instructions will not be tolerated.
- Swimmers are expected to show respect, common courtesies and good sportsmanship at all times to the team members, coaches, competitors, officials, parents and for all facilities and other property used during training sessions, competitions and team activities.
- Be a good sport. Applaud good performances whether they are made by your team or the opposition. Treat all swimming participants, as you would like to be treated. Do not bully or take unfair advantage of another competitor.
- Swimmers are expected to wear Woden team caps at all swim meets. This displays team pride and also makes it easier to identify swimmers on the blocks and in the water.
- The coaches are there to help the swimmers. Swimmers are expected to pay attention and follow all of the coach's instructions completely and exactly. If any clarification is needed, they are to ask questions politely.
- Swimmers are to be punctual and prepared for all training sessions, meets and other team activities.
- Swimmers should be an active participant in training sessions, competitions, club nights, fundraising events and other team activities.
- Disruption of training sessions by an athlete will be grounds for removal. Continual cheating in a training sessions will be considered a disruption.



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- Swimmers are expected to use appropriate language. Use of profane or abusive language or obscene gestures will not be tolerated.
- Dishonestly, theft, and/or vandalism will not be tolerated.
- Indiscreet or destructive behaviour will not be tolerated.
- There will be no drinking of alcohol or use of tobacco products or illegal drugs or any substances banned by Swimming Australia.
- Swimmers are expected to respect each other. Fighting, intentional touching or striking another athlete will subject the swimmer will not be tolerated.
- Participate for your own enjoyment and benefit, not to satisfy the expectations of others.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, ethnicity, cultural background or religion.

If a breach of the Code of Conduct occurs, the determination and any penalties will be decided by the WVSC Executive in consultation with the WVSC management committee, and their decision will be final.